"I'VE FALLEN AND I CAN GET UP!"

<u>2 Samuel 12:9-23</u> - NIV Why did you despise the word of the LORD by doing what is evil in his eyes? You struck down Uriah the Hittite with the sword and took his wife to be your own. You killed him with the sword of the Ammonites.

{10} Now, therefore, the sword will never depart from your house, because you despised me and took the wife of Uriah the Hittite to be your own.'

{11} "This is what the LORD says: 'Out of your own household I am going to bring calamity upon you. Before your very eyes I will take your wives and give them to one who is close to you, and he will lie with your wives in broad daylight.

{12} You did it in secret, but I will do this thing in broad daylight before all Israel."

{13} Then David said to Nathan, "I have sinned against the LORD." Nathan replied, "The LORD has taken away your sin. You are not going to die.

{14} But because by doing this you have made the enemies of the LORD show utter contempt, the son born to you will die."

{15} After Nathan had gone home, the LORD struck the child that Uriah's wife had borne to David, and he became ill.

{16} David pleaded with God for the child. He fasted and went into his house and spent the nights lying on the ground.

{17} The elders of his household stood beside him to get him up from the ground, but he refused, and he would not eat any food with them.

{18} On the seventh day the child died. David's servants were afraid to tell him that the child was dead, for they thought, "While the child was still living, we spoke to David but he would not listen to us. How can we tell him the child is dead? He may do something desperate."
{19} David noticed that his servants were whispering among themselves and he realized the child was dead. "Is the child dead?" he asked. "Yes," they replied, "he is dead."

{20} Then David got up from the ground. After he had <u>washed</u>, (and anointed himself) - put on lotions and <u>changed his clothes</u>, he <u>went into the house of the LORD and worshiped</u>. Then he went to his own house, and at his request they served him food, and he ate.

{21} His servants asked him, "Why are you acting this way? While the child was alive, you fasted and wept, but now that the child is dead, you get up and eat!"

{22} He answered, "While the child was still alive, I fasted and wept. I thought, 'Who knows?The LORD may be gracious to me and let the child live.'

{23} But now that he is dead, why should I fast? Can I bring him back again? I will go to him, but he will not return to me."

ONE THING ABOUT DAVID...

- He made a lot of MISTAKES...
- BUT he knew how to REPENT...
- AND he LOVED to WORSHIP!!!!!!

<u>Psalm 51:7-17</u> CEV

⁷Wash me with hyssop until I am clean and whiter than snow.

⁸ Let me be happy and joyful! You crushed my bones, now let them celebrate.
⁹ Turn your eyes from my sin and cover my guilt. ¹⁰ Create pure thoughts in <u>me and make me faithful again.</u> ¹¹ Don't chase me away from you or take your Holy Spirit away from me. ¹² Make me as happy as you did when you saved me; make me want to obey! ¹³ I will teach sinners your Law, and they will return to you. ¹⁴ Keep me from any deadly sin. Only you can save me! Then I will shout and sing about your power to save. ¹⁵ Help me to speak, and I will praise you, Lord. ¹⁶ Offerings and sacrifices are not what you want.
¹⁷ The way to please you is to feel sorrow deep in our hearts. This is the kind of sacrifice you won't refuse.

<mark>DAVID WASHED -</mark>

- GOT ALL <u>THE anguish</u> OFF
- CLEANED ALL THE GUILT OFF ... ALL OF THE WORRY
- CLEANED UP <u>HIS ATTITUDE</u>... CLEANED UP <u>HIS THINKING</u>
- CLEANED UP <u>HIS MIND</u>

DAVID ANOINTED HIMSELF

IT'S TIME THAT WE ANOINT OUR SELF.

Psalms 23:5-6 NIV You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows. {6} Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever.

WHEN YOUR ANOINTED YOU HAVE GOD'S BLESSINGS

- HE GOT PRAYED UP
- REMINDED HIMSELF <u>WHO</u> HE WAS...<u>A CHILD OF GOD</u>
- I HAVE THE RIGHT TO HAVE VICTORY

DAVID CHANGED HIS APPAREL

<u>2 Corinthians 5:17-18</u> NIV Therefore, if anyone is in Christ, <u>he is a new creation</u>; the old has gone, the new has come! {18} All this is from God, who reconciled us to himself through Christ and gave us <u>the ministry of reconciliation</u>:

PUT ON SOME NEW CLOTHES

HE HAD A NEW LOOK - BRIGHT COLORS

CLOSE:

DAVID WENT TO THE HOUSE OF GOD AND WORSHIPED WHEN YOU GIVE THE PROBLEM TO GOD... THERE IS A LIBERTY THAT WILL ENABLE YOU TO WORSHIP!!!

Psalms 3:3 NIV But you are a shield around me, O LORD; you bestow glory on me and *lift up my head.*

- YOU CAN'T DWELL IN YOUR PAST
- WE CAN'T FRET OVER PAST DEFEATS
- WE CAN'T LIVE IN YESTERDAY AND IT'S FAILURES
- WE HAVE TO **DECLARE VICTORY** FOR TODAY AND TOMORROW.

I'VE MET PEOPLE THAT <u>LIVE IN REGRET</u>...

- I WISH I WOULD HAVE <u>DONE THIS</u>
- I WISH I WOULD HAVE <u>DONE THAT</u>
- IF ONLY I WOULD HAVE <u>LISTENED TO GOD</u>.
- IF ONLY I WOULDN'T <u>HAVE FALLEN</u>

QUIT - PUTTING HIS CALLING TO THE MINISTRY ON HOLD ...

- STOP WAITING FOR LATER.... STOP SAYING I CAN'T
- If only I could make it up....You are wasting your time!!!
- **"FORGET THE PAST...**GET UP ... PREACH ..."

SO MANY PEOPLE LIVE WITH THIS "I'VE FALLEN AND I CAN'T GET UP MENTALITY"!

SO WHAT IF YOU FELL? GET UP....GET UPGET UP!

SEXUAL ABUSE AS A CHILD -GET UP- YOU CAN'T LIVE IN THE PAST.

16 YEAR OLD YOUNG LADY - PREGNANT -<u>PRAYING GETTING VICTORY</u>!!! People will say:

- WHO DOES SHE THINK SHE IS?
- SHE'S FALLEN
- WHAT RIGHT DOES SHE HAVE TO WORSHIP
- BUT we must <u>GET OVER IT</u>!
- She needs to get in her anointing!!!

WE DON'T HAVE TIME <u>TO WORRY ABOUT THE PAST!!!</u>

- There are people around us daily...dying and going to Hell
- They need to <u>hear your testimony</u>!!!
- They need to <u>hear your praise reports</u>!!!
- They need to hear how Jesus Delivered you and set you FREE!!!

<u>2 Samuel 12:24</u> NIV Then David comforted his wife Bathsheba, and he went to her and lay with her. She gave birth to a son, and they named him Solomon. The LORD loved him;

GET OUT OF THE PAST!!!!

You might have fallen...but you CAN get UP!!!