CELEBRATE RECOVERY SERVICE

What will you celebrate freedom from?

All Celebrate Recovery Thursday Night Participants please come up!

We would like at this time to <u>recognize everyone</u> who participates in CR here at My Church on Thursday nights.

We have been <u>host</u> to Celebrate Recovery Here at My Church now for well over 7 years.

We have **Celebrate Recovery** Leadership Team, Cooks, servers, set- up, Clean-up, New Member intro, Kids CR leaders, Sound and Media team, Praise and Worship Team, A~Z small group leaders, and CR participants here before you today!

This Team is faithfully serving every Thursday evening to make sure that CR is a huge success for those seeking *Freedom from <u>Hurts</u>, <u>Habits</u>, and <u>Hang-ups</u>!!!*

When someone comes for the first time this is the people that you can expect to see when you get here on any Thursday Night!

At 5:30 – you can expect a good home cooked or catered meal free of charge for you to enjoy...

At 6:30 – Adults will be invited into the Chapel to enjoy awesome Praise and worship, a short testimony or teaching...

At 7:30 – We go into Men's and Women's A ~ Z small groups.

- These groups are *small Gender specific*
- <u>What is said here</u> stays right here
- Nobody will try to *fix you* or even *judge you* here just *listen and love*.
- You can expect *trust and friendship's* to blossom here...

At 8:30 – We meet in the Coffee Shop for a time of fellowship.

- Pastries, coffee, and fellowship is what can be expected here.
- You may as well see the Great Bambinno here as well.

What is Celebrate Recovery?

It is *personal discipleship* that will allow us to experience the freedom that we have been seeking in our lives.

- Often people <u>confuse CR</u> being for people who are drug and alcohol addicted.
- It is for those people as well as it is for you and I!

Let me explain this way...

<u>HURTS</u> – The feeling of being hurt is an emotional reaction to another person's behavior or to a disturbing situation.

- ABUSE
- ABANDONMENT
- CODEPENDENCY
- RELATIONSHIP ISSUES
- DIVORCE/SEPERATION
- LIVING WITH ADDICTED PERSON OR CHILD
- DYSFUNCTIONAL FAMILY...

HABITS – A habit is an addiction to someone or something.

- ALCOHOLISM
- DRUGS
- ANOREXIA
- OVEREATING
- GAMBLING
- SEX
- SHOPPING
- SMOKING
- SELF-ABUSE
- PORNOGRAPHY
- WORK-AHOLIC

HANG-UPS – Hang-ups are negative mental attitudes that are used to cope with people or adversity.

- HATE
- PRIDE
- WORRY
- GUILT/SHAME
- PERFECTIONISM
- ANGER/RAGE
- LOW SELF-ESTEEM
- LONELINESS
- INSECURITY
- **DEPRESSION**
- FEAR
- UNFORGIVENESS

Question: "What is Christian discipleship?"

Answer: By definition, a disciple is a follower, one who accepts and assists in spreading the doctrines of another.

A Christian disciple is a person who accepts and assists in the spreading of the good news of Jesus Christ.

Christian discipleship is <u>the process by which disciples grow</u> in the Lord Jesus Christ and are equipped by the Holy Spirit, <u>who resides in our hearts</u>, to <u>overcome</u> <u>the pressures and trials of this present life</u> and become <u>more Christ like</u>.

This process requires <u>believers</u> to respond to the Holy Spirit's prompting to examine their <u>thoughts</u>, <u>words</u> and <u>actions</u> and <u>compare them with the Word of</u> <u>God</u>.

This requires that we be in the Word daily—studying it, praying over it, and obeying it.

According to Scripture, being <u>a Christian disciple</u> involves <u>personal growth</u> characterized by the following:

1. Putting Jesus first in all things - Take Up the Cross and Follow Him

Mark 8:34-35 When He had called the people to *Himself*, with <u>*His disciples*</u> also, He said to them, "Whoever desires to come after Me, <u>*Iet him deny himself*</u>, and take up his cross, and follow Me.

³⁵ For whoever desires to save his life <u>will lose it</u>, but whoever loses his life for My sake and the gospel's <u>will save it</u>.

- The <u>disciple</u> of Christ needs to be <u>set apart from the world</u>.
- Our focus should be on *our Lord and pleasing Him* in every area of our lives.
- We must put off *self-centeredness* and put on *Christ-centeredness*.

2. Following Jesus' teachings - John 8:31-32 - The Truth Shall Make You Free

³¹ Then Jesus said to those Jews who believed Him, "If you <u>abide in My word</u>, you are <u>My disciples</u> indeed.

³² And you shall know the truth, and <u>the truth shall make you free</u>."

- We must be **<u>obedient children</u>** and **<u>doers of the Word</u>**.
- **Obedience** is the <u>supreme test of faith</u> in God.
- Jesus is the perfect example of <u>obedience</u> as He lived a life on earth of complete obedience to the Father even to the point of death.

3. Fruitfulness

John 15:5-8 - ⁵ "I am the vine, you *are* the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.

⁶ If anyone does not abide in Me, he is cast out as a branch and is withered; and they gather them and throw *them* into the fire, and they are burned.

⁷ If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you.

⁸ By this My Father is glorified, that you bear much fruit; so **you will be** <u>My</u> <u>disciples</u>.

- Our job **is not** producing fruit.
- Our job is to abide in Christ, and if we do, <u>the Holy Spirit will produce the</u> <u>fruit</u>, and <u>this fruit is the result of</u> our obedience.
- As we become more *obedient to the Lord* and learn to *walk in His ways*, <u>our lives will change</u>.

4. Love for other disciples

John 13:34-35 - ³⁴ <u>A new commandment</u> I give to you, that you *love one another*; as I have loved you, that you also love one another.

³⁵ By this all will know that you are <u>*My disciples*</u>, if you have love for one another."

- We are told that *love of other believers* is the evidence of our being a member of God's family.
- Love is not an emotion; *it is action!!!* Defined in 1 Corinthians 13.
- We must be <u>doing something</u> and *involved in the process*.

5. Evangelism - *Making disciples* of others

<u>Matthew 28:18-20</u> -

¹⁸ And Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth.

¹⁹ **Go** therefore and <u>make disciples</u> of all the nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit,

²⁰ <u>teaching them to observe</u> all things that I have commanded you; and Io, I am with you always, *even* to the end of the age." Amen.

- We are to **share our faith** and tell non-believers about <u>the wonderful</u> <u>changes</u> Jesus Christ has made in our lives.
- No matter what **our maturity level in the Christian life**, we have something to offer.
- Too often, **we believe the lie from Satan** that we <u>don't really know enough</u> or <u>haven't been a Christian long enough</u> to make a difference.
- Not true!!!!!!!!!
- Some of the most enthusiastic representatives of <u>the Christian life</u> are <u>new</u> <u>believers</u> who have just discovered the <u>awesome love of God</u>.

Our Best tool that we offer is our Wednesday night 5:30 Step Studies.

- Here you will go through the curriculum and work the steps that is offered in CR.
- You can expect a small group setting and classes are gender specific.
- This is also how you have an opportunity to move onto the CR leadership team.

This Brings us to the: Celebrating Recovery House

Could we please have the CR TASK FORCE please come forward?

Story about 10 Pastors meeting together.

- How can we help in our community?
- What can we do together that we can't do alone!
- What can we do with folks who want true discipleship and Christ like change in their lives?

A desire was birthed in us to open a home for people to come into who desire real change.

- We assembled a <u>*Task Force*</u> from these church's and began to promote best ways to make such a house work in our community.
- These folks will after the service be in the gym to best explain the CR house to you, how you can be involved!!!!!!
 THANK YOU TASK FORCE

Celebrating Recovery House Phases:

Phase 1: Fresh Start:

Structured environment for physical and personal development.

<u>Phase 2</u>: Growing Roots:

Going deeper into God's Word and discipleship. Reesident begin to rely on God as well as one another.

Phase 3: Into Action:

This resembles return to normal life. Residents work, begin to make their own choices again while being helped and directed by CR staff.

Phase 4: Accountability and boots on the ground:

"Accountability House" the residents will have Full time employment and are expected to give back to the community through discipling others.

Today as church we wish to share with you this plan as a whole!

My Church Outreach:

<u>Justice</u>

This is where we speak out on behalf of those who are marginalized.

• Supporting the *<u>Celebrating Recovery House</u>*.

<u>Mercy</u>

Helping those in our community who are in need.

• Who has a need and how can we help them – *Discipleship.*

Love in Action

• This is our outreach *Celebrate Recovery*

<u>1 John 3:18</u> NIV

¹⁸ Dear children, let us not love with words or speech but with actions and in truth.

*Praise Team please come forward!!! - Call to Action!!!!!

- In conclusion we will ask that you exit through side doors only!
- We have a *gift bag* for you that has the information we have spoken about.
- We have a *Mexican food bar* prepared for you.
- The <u>Task force</u> will be in place to answer any questions you may have.
 Next weekend BBQ at Noon!