#### IF YOU CAN'T STAND THE HEAT....STAY OUT OF THE KITCHEN

#### Re-preach 8/18/19 – 2/19/23

For years I have heard this saying...but this week, the Lord gave me a whole new insight to this phrase.

#### 1 Peter – God's great blessings to His People

- The apostle Peter wrote this letter <u>to encourage believers</u> who would likely <u>face trials and persecution</u> under Emperor Nero...
- Peter wanted <u>to warn them</u> about what lay ahead, and they needed his <u>encouraging words</u> to <u>help them face opposition</u>...
- Peter <u>encouraged his readers</u> by this strong declaration that <u>they were</u> <u>chosen by God</u> the Father...

#### 1 Peter 1:3-5 NIV - Praise to God for a Living Hope

<sup>3</sup> Praise be to the God and Father of our Lord Jesus Christ! <u>In his great mercy</u> he has given us **new birth** <u>into a living hope</u> through the resurrection of Jesus Christ from the dead, <sup>4</sup> and <u>into an inheritance that can never perish</u>, spoil or fade. This inheritance is kept in heaven for you, <sup>5</sup> who through faith are <u>shielded by God's</u> <u>power</u> until the coming of the salvation that is ready to be revealed in the last time.

#### <u>Vs 3. New birth</u> – This term is a wonderful metaphor of a new life from God.

A person cannot be a Christian without fresh beginning based on the salvation Christ brings.

When we receive God's magnificent gift, he brings us new freedom, a new identity, and a new family.

*Vs 4. <u>The Inheritance</u> – You have this inheritance if you have trusted Jesus as your Savior...* 

Before we go to Heaven there will be some storms that we will have to endure.

## Do you need encouragement???

- Peter's words offer joy and hope *in times of trouble*
- He bases his confidence on *what God has done for us* in Christ Jesus...

**1 Peter 1:6** In all this you greatly rejoice, <u>though now for a little while you may</u> <u>have had to suffer grief in all kinds of trials</u>.

<u>All believers face such trials when they let their light shine</u> into the darkness.

2 Corinthians 4:8-9 <sup>8</sup> We are hard-pressed on every side, yet not crushed; we are perplexed, but not in despair; <sup>9</sup> persecuted, but not forsaken; struck down, but not destroyed—

**2 Corinthians 4:16 - Seeing the Invisible -** <sup>16</sup> Therefore we do not lose heart. *Even though our outward man is perishing*, yet the inward *man* is being renewed day by day.

*Why were <u>Christians</u> the target of persecution??? -* They <u>refused to worship the</u> <u>Emperor</u>, <u>refused to worship at pagan temples</u>, they <u>didn't support the Roman</u> <u>ideals</u> of <u>self, power, and conquest</u>,

## they exposed and rejected the horrible immorality of pagan culture !!!

<u>**1** Peter 1:7</u> (NIV) - <sup>7</sup> These have come so that the proven genuineness of your faith (<u>*The trial of your faith*</u>)—of greater worth than gold (<u>*More precious than gold*</u>), which perishes even though refined by fire (<u>*Though it be tried by fire*</u>) —may result in praise, glory and honor when Jesus Christ is revealed (<u>*At the appearing*</u> <u>of Jesus Christ</u>).

We must <u>accept</u> trials as part of the refining process that *burns away impurities* and prepares us to meet Christ.

- As gold is heated, impurities float to the top and can be skimmed off.
- Likewise, <u>our trials</u>, <u>struggles</u>, and <u>persecution</u> *refine and strengthen our faith*. <u>*Making us useful*</u> to God!!!

He who *suffered for us* will not abandon us. Jesus *carries us* through everything.

## Illustration: THE CARROT, EGG, AND COFFEE BEAN

# Each of them had faced the <u>same adversity</u>, boiling water, but <u>each reacted</u> <u>differently</u>.

Definition of ADVERSITY – Difficulties and misfortunes!!!!! - a difficult situation or condition: misfortune or tragedy

WHY IS IT THAT SOME PEOPLE BACKSLIDE OVER THE SAME THING THAT OTHERS DRAW CLOSER TO THE LORD WHEN THEY GO THROUGH THE EXACT SAME TEST?

#### SOME TESTS:

- The loss of a loved one The loss of a job The loss of sobriety
- A divorce; A bankruptcy; A sickness;
- Or anything else that may come at you as Adversity -
- A <u>difficult situation or condition</u> <u>misfortune</u> or <u>tragedy</u>.....

#### THE CARROT

*The carrot went in* strong, hard, and firm. But **after being** <u>subjected</u> to the boiling <u>water</u>, it **softened and became weak**...

*Psalm 66:10* - For you, God, tested us; *you refined us* like silver.

<u>Matthew 26:41</u> - "Watch and pray so that you will not fall into temptation. The spirit is willing, but <u>the flesh is weak</u>."

<u>Luke 8:13</u> - Those on the rocky ground are the ones who receive the word with joy when they hear it, but they have no root. They believe for a while, but in the time of testing they fall away.

**Be careful** not to become <u>so spiritual</u> so quick that we think we are <u>exempt from</u> <u>falling... (Backsliding is a leak – not a blowout)</u>

- <u>The devil gets glory out of you falling</u>...
- <u>Others watching get glory</u> out of <u>saying that Christianity is **impossible**</u>...
- <u>Don't get **weak**</u> in doing good!!!!!!

### <u>Applying</u> Gods Word helps us grow!!!!!

- If you are <u>not</u> growing stronger
- You are growing weaker
- <u>It is impossible</u> for you to <u>stand still</u>.....

How are you using what God has taught you???

Are you a carrot that seems hard????

- But with pain and adversity -
- Do you wilt and become soft -
- AND lose your strength??????

THE EGG

The egg had been fragile. Its thin outer shell had protected its liquid interior.

But after sitting through the *boiling water*, its *insides became hardened*.

Psalm 66:10 - For you, God, tested us; you refined us like silver.

Psalm 66:11 - You brought us into prison and laid burdens on our backs.

**<u>Psalm 66:12</u>** - <u>You let</u> people ride over our heads; we went through fire and water, but <u>you brought us to a place of abundance.</u>

Just as fire refines silver in the smelting process, *trials refines our character*!

- They bring us <u>a new</u> and <u>deeper wisdom</u>
- Helping us discern truth from falsehood
- Giving us the <u>discipline</u> to <u>do what we know is right</u>
- These trials help us realize that *life is a gift from God* to be cherished
- NOT a right to be taken for granted...

In the book of Exodus – Pharaoh hardened his heart <u>9 times</u>...

• Each time *things got a little worse*...

- If the devil can make you bitter cause you to become hard ... he has you!
- We must NOT turn from God by the substance that is to make us stronger!
- <u>We must</u> truly trust in the LORD!!!!

**Proverbs 3:5-6 -** 5 <u>Trust in the Lord</u> with all your heart, And lean not on your own understanding; 6 In all your ways acknowledge Him, And He shall direct your paths.

### Are you the egg, which started off with <u>a malleable heart</u>????

#### Were you <u>a fluid spirit</u>???

- But, after *pain and adversity* did you *become hard and stiff*???
- Your *shell looks the same* on the outside,
- <u>Are you bitter</u> and <u>tough with a stiff spirit</u> & <u>hardened heart</u> on the inside??? Did you forget to Trust in the Lord????

#### THE GROUND COFFEE BEANS

**The ground coffee beans** were unique. However, after they were in the boiling water, **they changed the water around them...** 

<u>Psalm 66:12</u> - <u>You let</u> people ride over our heads; *we went through fire and water, but you brought us to a place of abundance.* 

<u>James 1:12-14</u> - Blessed is the one who perseveres under trial because, <u>having</u> <u>stood the test</u>, that person will receive the crown of life that the Lord has promised to those who love him.

<sup>13</sup> *When tempted*, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone;

<sup>14</sup> but each person is <u>tempted when</u> they are dragged away **by their own evil desire** and enticed.

Temptation comes from evil desires inside us, NOT from God!

God wants us to <u>change</u> what is around us...

- **<u>NOT</u>** be <u>changed by the circumstances</u>...
- <u>I warn Satan</u> every day when I get up...
- I plan on making a difference...
- <u>I refuse to</u> leave this world without impacting the place which I have been...
- <u>I want to</u> change this community...
- This church is the coffee Bean!!!!!!!!

## 

- The <u>source that brings it pain</u>, to its peak flavor when it reaches 100 degrees...
- When the water gets the hottest, the coffee just taste better...

If you are like the bean...When <u>things are at their worst</u>...

## You get better and make things better around you!!!!!

## <u>Closing</u>:

*The opening of this message let's remember 1 Peter 1:6 -* In all this you greatly rejoice, *though now for a little while you may have had to suffer grief in all kinds of trials*.

# We must accept trials as part of the refining process that burns away impurities and prepares us to meet Christ.

- As gold is heated, impurities float to the top and can be skimmed off.
- Likewise, <u>our trials</u>, <u>struggles</u>, and <u>persecution</u> *refine and strengthen our faith*.
- Making us useful to God!!!

# Instead of asking - <u>WHY ME</u>????

## We should respond to suffering (and Adversity) with a new set of responses:

- 1. <u>CONFIDENCE</u> that God knows, plans, and directs our lives for the good.
- 2. <u>PERSEVERANCE</u> when facing grief, anger, sorrow, and pain...
- 3. **COURAGE** because with Jesus as Savior, we need not be afraid...

# He who suffered for us **WILL NOT** abandon us... *JESUS carries us through everything!*

Jesus said to his disciple Thomas, who <u>came to believe after</u> he touched the resurrected Christ:

"Because you have seen me, you have believed; blessed are those who have not seen yet have believed" <u>John 20:29</u>

#### Peter repeats those words here:

**1** Peter **1:8-9** - Though you have not seen him, <u>you love him</u>; and even though you do not see him now, <u>you believe in him</u> and are filled with an inexpressible and glorious joy, <sup>9</sup> for you are receiving the end result of your faith, the salvation of your souls.

Faith will be rewarded and Evil will be punished...

Praise Team:

If today that means <u>resolving a conflict</u>, <u>mending a hurt</u>, <u>working a dull job</u>, <u>confronting a belligerent child</u>, <u>rebuilding a marriage</u>, or <u>just waiting for</u> <u>guidance</u> – <u>DO it ALL with the JOY of God</u>, who <u>will</u> return with His reward!

Definition of ADVERSITY – Difficulties and misfortunes!!!!! - "resilience in the face of adversity"

When ADVERSITY knocks on your door, how do you respond???

Which are you?????

ARE YOU A <u>CARROT</u>, AN <u>EGG</u>, OR A <u>COFFEE BEAN</u>????