

## Together We Proclaim Jesus “Emotional Healing”

### **Luke 4:17-21 - NKJV**

<sup>17</sup> And He was handed the book of the prophet Isaiah. And when He had opened the book, He found the place where it was written:

<sup>18</sup> “The Spirit of the LORD *is* upon Me, Because He has anointed Me To preach the gospel to *the* poor; He has sent Me **to heal** the **brokenhearted**, to proclaim liberty to **the captives** And recovery of sight to *the* blind, To set at liberty those who are oppressed;

<sup>19</sup> To proclaim the acceptable year of the LORD.”

<sup>20</sup> Then He closed the book, and gave *it* back to the attendant and sat down. And the eyes of all who were in the synagogue were fixed on Him.

<sup>21</sup> And He began to say to them, “Today this Scripture is fulfilled in your hearing.”

**Emotion is the greatest power there is in the universe.**

### **Closet bondage-things -**

- We **never will allow** anyone to see our hurt’s, habit’s, or hang-ups.
- Therefore, **we hide** our hurts...
- Healing **can never take place**.

**3 out of the 5 things Jesus laid out for himself to do**, deal with the mental side of things.

- **Brokenhearted**-to completely break.
- **Captives**-prisoner of war
- **Oppressed**-crushed.

Physical infirmities we can live with and still have joy, but **never can our emotions be destroyed**, and **joy** continue to reside.

**Physical infirmities** are much **easier to deal with** and to **learn to live with**.

**The interior anguish** is **easier to hide**, but **harder to live** within yourself.

**God has a special touch** for people who have been battered, torn, and abused **by life's perplexities.**

**Jesus knows right where we are at right now!**

**Hebrews 4:15 - NIV**

<sup>15</sup> For we do not have a high priest **who is unable to empathize** with our weaknesses, but we have one who has been tempted in every way, just as we are—yet he did not sin.

**He knows our -**

- Fears - Feelings - Frustrations
- Hurts – Habits – Hang-ups
- Anxieties - Problems
- Even the number of hairs on our head – GOD KNOWS

**He accepts us just the way we are!**

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**Ecclesiastes 4:1 – NIV**

**4** Again I looked and saw all the oppression that was taking place under the sun: I saw the tears of the oppressed— and they have no comforter; power was on the side of their oppressors— and they have no comforter.

- **Tears** of the oppressed
- The oppressors had **power**.
- The oppressed had **no comforter**.

**The devil's most powerful tool is DECEIT!**

**Psalms 10:7-10 - NKJV**

<sup>7</sup> His mouth is full of cursing and **deceit** and oppression; Under his tongue *is* trouble and iniquity.

<sup>8</sup> He sits in the lurking places of the villages; In the secret places he murders the innocent; His eyes are secretly fixed on the helpless.

<sup>9</sup> He lies in wait secretly, as a lion in his den; He lies in wait to catch the poor; He catches the poor when he draws him into his net. <sup>10</sup> So he crouches, he lies low, That the helpless may fall by his strength.

The most common lie from the devil is that no one cares, and no one understands.

- Even if you told someone, they **would not** believe you....
- It is so hard for you to even believe in the comforter - - -
- You feel like no one can comfort you!!!!

***But the Comforter has come!***

**HE KNOWS AND HE CARES!**

NIV - <sup>18</sup> “The Spirit of the Lord is on me, because he has anointed me to proclaim good news (***to preach the gospel***) to the poor. He has sent me to proclaim freedom for the prisoners (***to heal the brokenhearted***) and recovery of sight for the blind, ***to set the oppressed free***,<sup>19</sup> to proclaim the year of the Lord’s favor.”

**His ENTIRE Purpose in coming was for you!**

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### **3 MAIN THINGS CAUSE MENTAL ANGUISH**

1. **Fear**- either of failure, of what someone will do to you, fear of fear.
  - **Fear** is faith in the enemy.
  - **Fear** will drive people insane, you become afraid of everything.

#### **2 Timothy 1:7 - NKJV**

<sup>7</sup> For God **has not** given us a **spirit of fear**, but of power and of love and of a sound mind.

**Fear is of the devil!**

2. **Abuse**- physical, mental, sexual, or verbal.

***The abuse***

- Is not your fault!
- Was not your fault.
- **Cannot** be fixed or wiped away by your continual beating of yourself.

**Isaiah 42:3** – NKJV - <sup>3</sup> A bruised reed He will not break, And smoking flax (WICK) He will not quench; He will bring forth justice for truth.

***Jesus would rather heal than break and ignite than to quench.***

### **3. Guilt- the blood covers all our sin.**

**Isaiah 64:6** – NIV - <sup>6</sup> All of us have become like one who is unclean, and all our righteous acts are like filthy rags; we all shrivel up like a leaf, and like the wind our sins sweep us away.

The very best that you could do - cannot compare to the **holiness of God.**

**Psalms 103:12** – NIV - <sup>12</sup> as far as the east is from the west, so far has he removed our transgressions from us.

**Calvary still works and the blood still flows!**

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## **WE MUST OVERCOME OUR PAST**

### **2 Samuel 12:18-23** - NIV

<sup>18</sup> On the seventh day the child died. David's attendants were afraid to tell him that the child was dead, for they thought, "While the child was still living, he wouldn't listen to us when we spoke to him. How can we now tell him the child is dead? He may do something desperate."

<sup>19</sup> David noticed that his attendants were whispering among themselves, and he realized the child was dead. "Is the child dead?" he asked.

"Yes," they replied, "he is dead."

<sup>20</sup> Then David got up from the ground. After he had washed, put on lotions and changed his clothes, he went into the house of the LORD and worshiped. Then he went to his own house, and at his request they served him food, and he ate.

<sup>21</sup> His attendants asked him, "Why are you acting this way? While the child was alive, you fasted and wept, but now that the child is dead, you get up and eat!"

<sup>22</sup> He answered, "While the child was still alive, I fasted and wept. I thought, 'Who knows? The LORD may be gracious to me and let the child live.' <sup>23</sup> But now that he is dead, why should I go on fasting? Can I bring him back again? I will go to him, but he will not return to me."

## David

- Should have been fighting.
- Saw a naked woman bathing!
- Lusted - Called for her - Adultery & baby.
- Murder
- 9 months go by – Birthing - Death
- Fasted & prayed while the baby was still alive.
- Perceived the child was dead.
- Arose - Anointed himself - Changed apparel. Worshipped - Ate food.

## 6 steps to overcoming your past.

1. **Arise- get up and leave the place where you are at**, surroundings play a major role in you thought process
2. **Washed- cleansed himself from all the dirtiness of the past.**
  - Not only should we leave all our belongings or trappings behind us.
  - Laying aside every weight & sin...
3. **Anointed himself.**
  - Reminded himself of the first anointing.
  - That God had placed on him.
  - Renewed his belief in the supernatural
4. **Changed apparel.**
  - **Left garments** of the past in the past
  - **Old things** are passed away...
5. **Worshipped- God is always worthy of worship no matter what**
  - Also, **thankfulness** was bursting in his heart.
  - Because of **mercy**
6. **Ate food- started his new life immediately.**
  - **Never stop** remembering.
  - Just **go on!!!!!!!!!!!!!!**

**CLOSE:**

***Only by our repentance and turning away from our sin will the past lose control on our lives.***

***Isaiah 38:17 - NIV***

<sup>17</sup> Surely it was for my benefit that I suffered such anguish.

In your love you kept me from the pit of destruction; you have put all my sins behind your back.

***We do not have to live under a load of guilt.***

***No matter:***

- ***What you have done - Who you did it with - How low in sin you may have gone.***
- ***After repentance it is under the blood, never to be remembered again!!!!!!***
- ***Peace, hope, and joy in the Holy Spirit can be yours today!***

***Matthew 18:18 - NIV***

<sup>18</sup> "Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.

***SCARS - Are living proof that God heals!!!!!!!!!!!!!!***